**Event and Contact Information**

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| **Event Title:** | Open Baltic championship |
| **Event Venue:** | Trakai |
| **Event Country:** | Lithuania |
| **Event Start Date**: | 2014-07-06 |
| **Event Finish Date:** | 2014-07-06 |
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| **Participants from:** | Lithuania, Latvia, Estonia, Norway, Sweden, Finland, Russia, Poland, Germany, Denmark | |
| **Registration** | From | Until |
|  | 2014 06 15 | 2014 07 05, 24:00 |
| **Entry fee** Elite | Amount:  30 EUR | Currency: EUR |
| **Method of the payments:** | Bank account (for the start fee): **SOLVEIGA ZAPRUDSKAJA    LT507400015944623830 Litais;  LT157400033387023810 EUR SWIFT: SMPOLT22XXX**  OR  You can pay the start fee on the race day. | |
| **Please note: this is regional open championship, but the points of ITU will get only athletes from Baltic countries. In the same time will be held Lithuanian championship Olympic distance.**  **Participants age: from 18 years.** | | |
| **Event Contact Name**: | Dainius Kopūstas | |
| **Event Contact Address:**  *Company or name of the contact person, street, town, zipcode, country* | Dainius Kopūstas, Alanto str. 29 d, Panevėžys, LT39462, LITHUANIA | |
| **Event Contact Email**: | In English - ramune@triatlonas, in Russian – dainius.kopustas@gmail.com | |
| **Event Contact Phone**: | Ramunė (english) +370 685 44511  Dainius (russian) +370 678 59069 | |
| **Event Contact Fax**: |  | |
| **Event Website**: | http://trakutriatlonas.lt/en/ | |
| **Event Facebook Address:** |  | |

**Event Schedule**

**Date (yy/mm/dd)**

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| Time (hh:mm) | Activity |
| 14/07/07 | 8:00 Start of open Baltic championship  Men (Elite) born 1995 and older  8:05  Start of open Baltic championship  Women (Elite) born 1995 and older  8:10  Triathlon of Trakai, the championship of Lithuania and relay race.  Veterans:  V1 (1954 and older) women and men;  V2 (1955-1964) women and men;  V3 (1965-1974) women and men.  13:00 Awards |

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| **Briefing date, time:** | **2014 07 05 20:00** |
| **Briefing location:** | **Location will be adjusted.** |

**Travel and accommodation**

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| **Closest airports**:  **Visa requirements:** | Vilnius airport Kaunas airport Riga airport  For the visa please contact: [dainius.kopustas@gmail.com](mailto:dainius.kopustas@gmail.com)  +370 678 59069 |
| **Local transportation provided:**  **Price of local transportation:** | Local transportation provided:  A small bus for 5-7 persons  Price of local transportation:  Vilnius airport – Trakai – 70 EUR  Kaunas airport – Trakai – 100 EUR Riga airport – Trakai – 190 EUR  Please contact: [vaitroma@gmail.com](mailto:vaitroma@gmail.com) +370 657 94220 |
| **Name and contact details (address, phone, email, website) of the host hotel**:  **Method of the hotel payments:** | We can provide accommodation in Trakai.  Please write your name, surname, passport number, country, arriving and leaving date (time), what kind of room do you need and how many people for. We will reserve the rooms.    Please contact (english): Ramune Gintautaite phone: +370 685 44511  Email: [ramune@triatlonas.lt](mailto:ramune@triatlonas.lt)  Russian – Dainius Kopūstas,  phone: +370 678 59069  Email: dainius.kopustas@gmail.com |
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**Event Details**

**SWIM**

Water temperature: 20 - 22

Number of laps: 1 lap

Conditions: lake.

**BIKE**

40 km (2 laps x 20 km)

**RUN**

10 km (2 laps of 5 km)

NOTE. Every athlete has to have a license of his/her National federation. It will be possible to buy also a day license in the registration tent (3 EUR).

We will let you know about ITU ranking points when we get it from ETU.